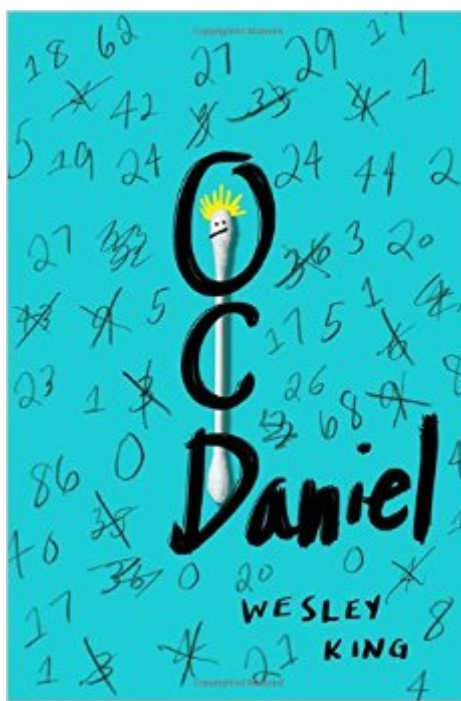


The book was found

# OCDaniel



## Synopsis

From the author of *Incredible Space Raiders from Space!* comes a brand-new coming-of-age story about a boy whose life revolves around hiding his obsessive compulsive disorderâuntil he gets a mysterious note that changes everything. Daniel is the back-up punter for the Erie Hills Elephants. Which really means heâs the water boy. He spends football practice perfectly arranging water cupsâand hoping no one notices. Actually, he spends most of his time hoping no one notices his strange habitsâhe calls them Zaps: avoiding writing the number four, for example, or flipping a light switch on and off dozens of times over. He hopes no one notices that heâs crazy, especially his best friend Max, and Raya, the prettiest girl in school. His life gets weirder when another girl at school, who is unkindly nicknamed Psycho Sara, notices him for the first time. She doesnât just notice him: she seems to peer through him. Then Daniel gets a note: âI need your help,â it says, signed, Fellow Star childâwhatever that means. And suddenly Daniel, a total no one at school, is swept up in a mystery that might change everything for him. With great voice and grand adventure, this book is about feeling different and finding those who understand.

## Book Information

Lexile Measure: 560 (What's this?)

Hardcover: 304 pages

Publisher: Simon & Schuster/Paula Wiseman Books (April 12, 2016)

Language: English

ISBN-10: 1481455311

ISBN-13: 978-1481455312

Product Dimensions: 5.5 x 1 x 8.2 inches

Shipping Weight: 13.4 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 starsÂ See all reviewsÂ (8 customer reviews)

Best Sellers Rank: #253,310 in Books (See Top 100 in Books) #191 inÂ Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Illness #451 inÂ Books > Children's Books > Growing Up & Facts of Life > Fiction #1679 inÂ Books > Children's Books > Science Fiction & Fantasy > Science Fiction

Age Range: 8 - 12 years

Grade Level: 3 - 7

## Customer Reviews

In a school of 500, it's estimated that about 10 kids will have OCD. Many of them don't know they

have it until much later, so they often live in a private hell of fear and shame. I am so happy for this book, because I really think it will help a lot of kids. It's a fun story with a likable main character who struggles with his issues while trying to fit in at school. The combination is a home run. This is a must read for kids, whether they have OCD or not.

I wish there were more stars to give to *OCDaniel*. It's a wonderful and emotional read that I think any middle or high schooler (or adult) will enjoy. Daniel is 13 years old and has OCD (obsessive compulsive disorder), but he doesn't know what it is. Written in the first person, he tells how his rituals affect his life and when the first symptoms began. While OCD is the main subject, Daniel also describes feeling like an inferior sibling and being bullied for other reasons, making it a good look inside the overall hell we know as middle school. There is a bonus mystery to be solved to add even more reason to keep turning the pages. I'm going to get personal for a moment. I have OCD, but it is the result of a bad accident that left me with a traumatic brain injury. This book had me absolutely sobbing during many of the chapters. The descriptions of the torment were almost too realistic. OCD is bad enough as an adult, but to go through it as a kid must be horrible. I hope those who have it, whether or not they know what it is, are able to find this book. It has the potential to help many people. *OCDaniel* is a book I recommend to anyone, even younger children who are able to read at a middle grade level. It's a fast read, making it a good choice for reluctant readers. There are many opportunities for discussion for parents or teachers who wish to read it with their children or class. This review is based upon a complimentary copy provided by the publisher in exchange for an honest review.

Daniel is the backup kicker for his football team. Which really means he's the waterboy and he's just fine with that. As a water boy he can have his fix of quirks arranging things like the cups while no one is looking. Thing is this is connected on a larger scale to what he calls Zaps. If he doesn't do a certain repetition he feels he surely will die. While he is trying to hide the Zaps and look normal, the completely un-normal Psycho Sara deems him worthy talking to. Sara is on a mission to find the truth behind the disappearance of her father and is asking Daniel to help. I've been on a mission to come across as many mental health based books lately and this was on target for what I was looking for. What I liked about this book was that it was amusing at times, it was interesting and kind of heart breaking getting to know about Daniel and his quirk and what routines he has to take to even just go to bed. I think his parents should've known something, with habits like his night routine it should've been more noticeable to the parents. I thought it was interesting seeing Daniels

relationship between the characters throughout the book, how different he was to Sara and Raya. I enjoyed seeing the part of Daniel in how he temporarily stops the zaps by escaping into his fantasy world. Overall It was a pretty good book and I enjoyed it.

I found this on my library's overdrive/ebook loan site and it looked interesting. I enjoyed the read, the author did a nice job making characters who had special challenges but were generally relatable. The characters were more than their challenges and had many other aspects to their lives, which was nice to see. The explanations of OCD and other mental illnesses as just a part of some people's lives may be key for some kids who pick up this book.

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OCDaniel

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